# **HELLY HANSEN WORKWEAR - SIZE GUIDE**

# **EU REGULAR & TALL / MENSWEAR**

BODY MEASUREMENTS

	>	S		5				ч		L					)	(L			2	KL			33	(L			43	XL			5)	L			6	SXL
Sizes	С	44	C	46	С	48	C50		C52		C54		(	56	С	58	С	60	С	62	С	64	C	66	С	68	C	70	С	72	C.	4	C	76	С	78
	W	30"	W31"		W:	W33"		34"	W:	36"	W37"		W39"		W41"		W	W43"		W44"		W45"		17"	W48"		W	50"	W52"		W.	3"	W	55"	W	/56"
	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet
Body Height	170	5'7"	174	5'8"	180	5'11"	180	5'11"	184	6'	184	6'	188	6'2"	188	6'2"	192	6'3"	192	6'3"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"
	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Chest	88	34.5	92	36	96	37.5	100	39	104	41	108	42.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5	140	55	144	56.5	148	58	152	59.5	156	61
Waist	76	30	80	31.5	84	33	88	34.5	92	36	96	37.5	100	39	104	41	108	43.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5	140	55	144	56.5
Waistband	80	31.5	84	33	88	34.5	92	36	96	37.5	100	39	104	41	108	42.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5	140	55	144	56.5	148	58
Hip	94	37	98	38.5	102	40	106	41.5	110	43	114	45	118	46.5	122	48	126	49.5	130	51	134	52.5	138	54	142	56	146	57.5	150	59	154	60.5	158	62	162	63.5
Inseam	79	31	80	31.5	81	32	82	32	83	32.5	84	33	85	33.5	86	34	87	34	87	34	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5
Inseam tall*	84	33	85	33.5	86	34	87	34	88	34.5	89	35	90	35	91	36	92	36	92	36	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5

\*Most of Helly Hansen's C-sized & D-sized pants can be extended 5cm by cutting open a contrast stitch at bottom hem.

#### **EU SHORT & WIDE PANTS / MENSWEAR**

BODY MEASUREMENTS

Sizes	n	D84		88	D92		D96		D:	100	D1	ns.	D.	08	D.	112	D1	116	D1	20	D1	24	D1	128
-	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet														
Body Height	156	5'1"	160	5.3.	164	5'4"	170	57"	170	5'7"	174	5'8"	174	5'8"	178	5'10"	178	5'10"	182	5"11"	182	5'11"	184	6"

	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Waist	78	30 5/7	82	32 2/7	86	33 6/7	90	35 3/7	94	37	98	38 4/7	102	40 1/6	106	413/4	110	43 1/3	114	44 7/8	118	46 1/2	122	48
Waistbandband	82	32	86	34	90	35	94	37	98	38.5	102	40	106	41.5	110	43	114	45	118	46.5	122	48	126	49.5
Hip	92	36	96	37.5	100	39	104	41	108	42.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5
Inseam	73	28.5	74	29	75	29.5	76	30	77	30	78	30.5	79	31	80	31.5	81	32	82	32	83	32.5	84	33
Inseam wide*	78	30.5	79	31	80	31.5	81	32	82	32	83	32.5	84	33	85	33.5	86	34	87	34	88	34.5	89	35

\*Most of Helly Hansen's C-sized & D-sized pants can be extended firm by cutting open a contrast stitch at bottom her

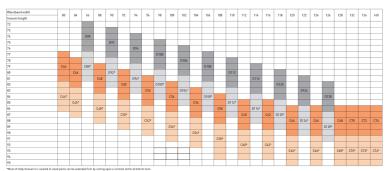
# **EU REGULAR & TALL / WOMENSWEAR**

BODY MEASUREMENTS

Sizes	)	:S		S M					L				XL					2	KL			33	(L			40	L			5	XL			6	XL									
Sizes	С	34	C36		(	:38	С	40	С	42	(	344	- 0	C46	(	248	C	50	С	:52	С	54	С	56	С	58	С	60	С	62	0	64	C	266		C68								
	CM	Feet	СМ	Feet	СМ	Feet	CM	Feet	СМ	Feet	СМ	Feet	CM	Feet	CM	Feet																												
Body Height	156	5'1"	160	5'3"	164	5'5"	168	5'6"	170	5'7"	172	5'8"	174	5'9"	174	5'9"	176	5'9"	176	5'9"	178	5'10"	178	5'10"	178	5'10"	178	5'10"	178	5'10"	178	5"10"	178	5'10"	178	5"10"								
	CM	Inch																																										
Chest	80	31.5	84	33	88	34 2/3	92	36 2/9	96	37 4/5	100	39 3/8	104	41	108	42 1/2	112	44	116	45 2/3	120	47 1/4	124	48 4/5	128	50 2/5	132	52	136	53 1/3	140	55 1/9	144	59 1/2	148	58 1/4								
Waist	65	25 3/5	68	26 7/9	72	28 1/3	76	30	80	31 1/2	84	33	88	34 2/3	93	36 3/5	98	38 4/7	103	40 5/9	108	42 1/2	113	44 1/2	118	46 1/2	123	48 3/7	128	50 2/5	133	52 1/3	138	54 1/3	143	56 2/7								
Hip	88	34 2/3	92	36 2/9	96	37 4/5	100	39 3/8	104	41	108	42 1/2	112	44	116	45 2/3	120	47 1/4	124	48 5/6	128	50 2/5	132	52	136	53 1/2	140	55 1/8	144	56 2/3	148	58 1/4	152	59 5/6	156	61 3/7								
Inseam	74	29 1/8	76	30	78	30 5/7	80	31 1/2	81	31 8/9	82	32 2/7	83	32 2/3	83	32 2/3	84	33	84	33	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2								
Inseam tall*	79	31 1/9	81	31 8/9	83	32 2/3	85	33 1/2	86	33 6/7	87	34 1/4	88	34 2/3	88	34 2/3	89	35	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7								

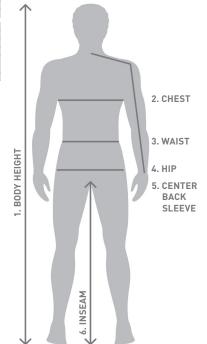
\*Most of Helly Hansen's C-sized & D-sized pants can be extended 5cm by cutting open a contrast stitch at bottom hen

#### FIND YOUR PANT SIZE / MENSWEAR



# FIND YOUR PANT SIZE / WOMENSWEAR





# **MEASURING GUIDE**

#### 1. BODY HEIGHT

# 2. CHEST

Measure around the fullest part, across chest points, keeping the tape horizontal.

# 3. WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

#### 4. HIP

Measure around the fullest part of your hipsm keeping the tape horizontal.

# 5. CENTER BACK SLEEVE

Measure straight from centre back neck to shoulderpoint, and from shoulderpoint to writst with the arm in a relaxed position.

# 6. INSEAM

Measure from top of inside thigh to bottom of ankle, while standing with straight legs



